



## Washington National Guard Family Programs

# Weekly Update

### Family Assistance Coordinators

#### Camp Murray

Tia (253) 512-7755

Denise (253) 512-8367

#### Everett

Garey (425) 317-3527

#### Longview/Vancouver

Julie (360) 577-2120

(360) 750-4075

#### Kent/Seattle

Deborah (253) 945-1869

#### Moses Lake

Doug (509) 630-0701

#### Olympia/Centralia

Jacqueline (360) 628-7195

#### Pasco/Walla Walla

Betsy (509) 546-4384

#### Port Orchard

Ron (360) 356-2407

#### Spokane

Buzz (509) 532-2775

#### Yakima

John (509) 469-4638

### Wing Family Program Coordinators

#### 141st ARW - Spokane

Mary (509) 247-7009

#### 194th RSW - Camp Murray

Angela (253) 512-3397

## Homecoming message from the 81st Brigade

Listed below is the web site for information the 81st Brigade Washington Army National Guard Homecoming updates:

<http://81st.washingtonarmyguard.org>

On the left hand side of this site you will see Welcome Home Ceremonies & Freedom Salute links. Both links are under construction and will be updated as soon as information is available. Please contact your Family Readiness Group (FRG) Lead with any questions or concerns. If you do not have your FRG Leaders contact information please contact your local unit.

*Look for more information in upcoming weekly newsletters*

In the event that you do not have this information please contact Korina Huddleston at (253) 512-8506.

## DOD Career Opportunities

### Hiring Heroes Career Fair

Job opportunities for Wounded, ILL and Injured service members, their spouses, and family members

*American Lake Community Center*

*Fort Lewis, WA*

*Friday, August 14, 2009*

*9 a.m. to 3 p.m.*

Come talk with over 70 DoD, Federal and private sector recruiters about future opportunities in civilian career fields

These events are designed specifically to support the wounded, ill, and injured service members, their spouses, and or primary caregivers in their search for employment. However, no veteran, active duty, National Guard or Reservist will be turned away from the event.

For more information: Contact  
Art Coleman at 703-696-6134 or  
[Arthur.Coleman@cpms.osd.mil](mailto:Arthur.Coleman@cpms.osd.mil)

# Fraud Prevention

## ATTORNEY'S ADVICE - NO CHARGE

Read this and make a copy for your files in case you need to refer to it someday. Maybe we should all take some of his advice! A corporate Attorney sent the following to the employees in his company.

1. Do not sign the back of your credit cards. Instead, put "PHOTO ID REQUIRED."
2. When you are writing checks to pay on your credit card Accounts, DO NOT put the complete account number on the "For" line. Instead, just put the last four numbers. The credit card company knows the rest of the number, and anyone who might be handling your check as it passes through all the check processing channels won't have access to it.
3. Put your work phone # on your checks instead of your home Phone. If you have a PO Box use that instead of your home address. If you do not have a PO Box, use your work address. Never have your SS# printed on your checks. ( DUH! ) You can add it if it is necessary. But if you have it printed, anyone can get it.
4. Place the contents of your wallet on a photocopy machine. Copy both sides of each license, credit card, etc. You will know what you had in your wallet and all of the account numbers and phone numbers to call to cancel. Keep the photocopy in a safe place. I also carry a photocopy of my passport when I travel either here or abroad. We've all heard horror stories about fraud that's committed on us in stealing a name, address, Social Security number, credit cards. Unfortunately, I, an attorney, have firsthand knowledge because my wallet was stolen last month. Within a week, the thieves ordered an expensive monthly cell phone package, applied for a VISA credit card, had a credit line approved to buy a Gateway computer, received a PIN number from DMV to change my driving record information online, and more. But here's some critical information to limit the damage in case this happens to you or someone you know:
5. We have been told we should cancel our credit cards immediately. But the key is having the toll free numbers and your card numbers handy so you know whom to call. Keep those where you can find them.
6. File a police report immediately in the jurisdiction where your credit cards, etc., were stolen. This proves to credit providers you were diligent, and this is a first step toward an investigation (if there ever is on). But here's what is perhaps most important of all: (I never even thought to do this)
7. Call the 3 national credit reporting organizations immediately to place a fraud alert on your name and also call the Social Security fraud line number. I had never heard of doing that until advised by a bank that called to tell me an application for credit was made over the internet in my name. The alert means any company that checks your credit knows your information was stolen, and they have to contact you by phone to authorize new credit.

By the time I was advised to do this, almost two weeks after the theft, all the damage had been done. There are records of all the credit checks initiated by the thieves' purchases, none of which I knew about before placing the alert. Since then, no additional damage has been done, and the thieves threw my wallet away this weekend (someone turned it in). It seems to have stopped them dead in their tracks.

Now, here are the numbers you always need to contact about your wallet, etc. that has been stolen:

- |  |  |
|--|--|
| 1 ) Equifax: 800-525-6285                  | 3 ) TransUnion: 800-680-7289                                   |
| 2 ) Experian: (formerly TRW ):888-397-3742 | 4 ) Social Security Administration (fraud line ): 800-269-0271 |

## Save The Date!

FRG

**B.O.O.T. CAMP**

BUILDING your FRG

OUTLOOK & OUTREACH

TEAMBUILDING

**AUGUST 21-23**

This boot camp is designed for volunteers interested in establishing or re-energizing the unit Family Readiness Group (FRG).

**This will be a truly unique FRG Training experience...**

Camp Fires    Outdoor Team Building Exercises



## Save The Date!

FRG

**After Deployment Workshop**

September 11-13

**The unit has returned from a deployment...now what?**

This workshop will focus on the role of the FRG when the unit returns from a deployment. Many are under the impression that there is no need for an FRG when the unit is here, when in fact the FRG is always needed.



# Family Programs Contact Information

## Administrative Staff

Building 33, Camp Murray  
Tacoma, WA 98430

### State Family Programs Director

MAJ Anne Marie Peacock (253) 512-7600

### Family Programs Specialist

CPT Marianne Hegg (253) 512-8712

### Administrative Assistant

SPC Andrea Walker (253) 512-7881

### State Family Readiness Assistant

Veronica (253) 512-7753

### State Youth Coordinator

Robbin (253) 512-7985

### Computer Assistant

SGT Freda (253) 512-8903

## 81st Brigade

### Family Readiness Support Assistant

Korina (253) 512-8506

## Chaplains

CH Brewer (253) 512-8534

FR. Anderson (253) 377-2508

FR. Pratt (253) 377-9278

## Military Family Life Consultants (MFLC)

Child & Youth MFLC - Kim Larkey (253) 355-9939

Adult MFLC - Lisa Tice (253) 682-7792

## Websites

State Web-site

[familyprograms.washingtonguard.org](http://familyprograms.washingtonguard.org)

National Web-site

[www.guardfamily.org](http://www.guardfamily.org)

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